

66th IFBB Men's World Amateur Bodybuilding Championships and International Congress



**6th →11th November 2012
Guayaquil, Ecuador**



Inspection Report

Welcome

The Organizing Committee of the Ecuadorian Bodybuilding and Fitness Federation takes this opportunity to welcome all National Federations of the world to participate in the 66th IFBB Men's World Amateur Bodybuilding Championships and International Congress in Guayaquil, Ecuador, 6th to 11th November 2012.



Aerial view of Downtown Guayaquil

Location

Santiago de Guayaquil is a beautiful city located on the Pacific Ocean coast of Ecuador, near the Gulf of Guayaquil, in South America. It is the largest and most populous city in the country, with about 2.3 million inhabitants in the city and nearly 3.1 million in its surrounding metropolitan area; as well as the nation's main port. The city is the capital of the Ecuadorian province of Guayas and it is one of the largest cities in Latin America.

Santiago de Guayaquil was founded on 25th July 1538, by the Spanish conqueror, Francisco de Orellana. Even before its foundation, it already existed as a native village. On 9th October 1820, Guayaquil declared its independence from Spain, becoming the free province of Guayaquil. This would prove to be a key victory for the Ecuadorian War of Independence. On 26 July 1822, Jose de San Martin and Simon Bolivar held a famous conference in Guayaquil to plan for the independence of Spanish South America.

Because of its location, the city has been -for centuries -the center of Ecuador's trade, business and manufacturing industries.

At present day, Guayaquil continues its tradition of trade; it is the headquarters for fairs and international events. The city maintains an infrastructure for import and export of products with international standards. Among its major trading points are the Seaport, the largest in Ecuador and one of the biggest influxes of shipping on the shores of the Pacific.

There are numerous places of interest in Ecuador and there are daily flights to the world famous nature and marine reservation, the GALAPAGOS ISLANDS. This is a special place to see and enjoy by everybody.

Please contact the Organizing Committee, if you would like some assistance with booking a trip to the Galapagos Islands during your stay in Ecuador.



Partial view of Guayaquil's Port

The "Jose Joaquin de Olmedo" International Airport has served the city of Guayaquil since 2006. It is expected to reach an annual capacity of 5 million passengers soon. It connects Guayaquil with many countries and was named "Best Airport in Latin America 2008" by Business Week Magazine.

Additionally, the city has an infrastructure of roads to other cities and provinces, which are considered among the best in the country.

Ongoing projects seek urban regeneration as a principal objective for overall growth of the city's commercial districts. The current municipal administration aims to convert Guayaquil into a place for first-class international tourism and multinational business.

The city is known as the economical capital of the country and it is an exciting city to visit with theaters, concert halls, cinemas, clubs, restaurants, big commercial centers and many other attractions. Landmarks also include the Cathedral and the Church of San Francisco. Among educational institutions are the University of Guayaquil (founded in 1867) and the Catholic University of St. James (1962).

The climate is hot and generally humid throughout the year with little variation in average temperatures; between 26 to 30 degrees centigrade. Rainfall is minimal from May until mid December, due to the cooling influence of the Humboldt Current.

Official Hotels

The official Championships accommodations will be **in 3 towers**; the **Sheraton Hotel, the Sonesta Hotel and the Howard Johnson Hotel**, located within 2 minutes walking distance from each other. **The main activities, like the registration, weigh-in, and the World Congress, will all happen in the Sheraton Hotel. All meals for officials and athletes will also be served in the Sheraton Hotel.**

The hotels are only 10 minutes from the airport.

Accommodations

The organizing committee will provide free-of-charge accommodations and three (3) meals per day for all official participants (athletes & delegates) from the national federations according to the following IFBB rules:

Three or more competitors: two delegates permitted.

Two competitors or less: only one delegate is permitted.

National federations with no competitors may send one (1) delegate who will be responsible for all of his or her own expenses.

The term "Official Participant" means 1) an Athlete who is duly authorized by his national federation and who is registered by the IFBB to compete in the Championships, and 2) a Delegate who is duly authorized by his national federation and who is registered by the IFBB to participate in the Championships pursuant to the IFBB rules.



Sonesta Hotel



Double room



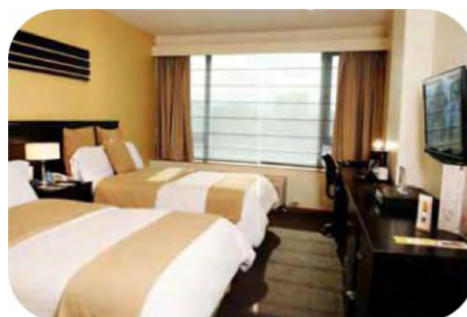
Single room

IMPORTANT NOTICE: All National Team Official Participants (athletes and delegates) must check in **BEFORE** the start of the Technical Meeting (3:00 pm on 6th November 2012). Any Official Participant not checked in by this deadline will be classified as an extra delegate and will be responsible for all his/her expenses.

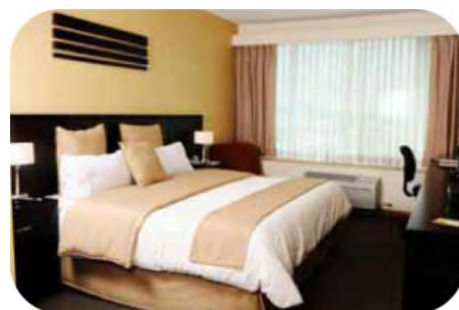
Any judge, coach, or trainer who is not an Official Participant will be responsible for all his expenses. If your National Federation wishes to bring a judge, a coach or a trainer, it is recommended that your Federation nominate this individual to be an Official participant for your Federation; otherwise, these individuals will be responsible for all their own expenses. The same rule applies for family members. **NO EXCEPTIONS WILL BE MADE UNDER ANY CIRCUMSTANCES.**



Howard Johnson Hotel



Double Room



Single Room



Four Points Sheraton



Single room



Double room



Hotel security deposit

A hotel security deposit of 100 Euros per person is required upon check-in for incidental and personal expenses that may arise (telephone, mini-bar, laundry, etc.). The unused portion of this deposit will be refunded at check-out in the same currency as remitted.

In order to facilitate matters, the chief delegate or team leader will be asked to provide a credit card or cash to cover the deposit for the entire team. This individual will be fully responsible for all expenses incurred by any member of his/her team.

IMPORTANT NOTICE: You must pay the Hotel Security Deposit and IFBB Registration Fee **BEFORE** your team members are provided accommodations. If any of your athletes or delegates

arrives in Guayaquil without their Team manager or Chief Delegate, that athlete or delegate must pay the Hotel Security Deposit and the IFBB Registration Fee **BEFORE** a room can be assigned.

Special packages rates for extra delegates, supporters, media & others

The organizing committee has established a full special package rate, which includes four (4) nights' accommodations with three (3) meals per day (breakfast, lunch & dinner), tickets to the prejudging & finals, tickets to the farewell banquet, and onsite transportation at a cost of 500 Euros per person in a twin bedded room or 650 Euros per person in a single bedded room.

IFBB Registration Fees

Each official participant (athletes and delegates, including delegates without competitors), must pay the IFBB registration fee of 150.00 Euros each. This fee is payable to the IFBB upon arrival at the official Hotel in Guayaquil. The IFBB registration fee is completely separate from the hotel security deposit. Athletes who have not yet obtained the IFBB International Card will have to pay 180.00 Euros, which includes the international card and the registration fee.

ALL REGISTRATION FEES SHOULD BE MADE ONLINE. Your accreditation will be ready for you on arrival, when you have pay online.

Venue Sites of the Championships

SEMIFINALS:

The Championship **Semifinals** will take place at "Palacio de Cristal", located on Malecon and Olmedo Streets. It is a fantastic open area, but still covered and in the middle of the city where there are shops, restaurants and a beautiful view of the river.



Palacio de Cristal – Semifinals venue site



Palacio de Cristal – Semifinals venue site - Inspection Visit

FINALS:

The **Finals** will take place in the beautiful theatre "Teatro Centro Civico Eloy Alfaro", located on Bolivia Street and Quito Avenue. A theatre well suited for the championships.



Eloy Alfaro Theater – Finals venue site – Inspection visit



Eloy Alfaro Theater – Finals venue site

Airport

The official arrival airport is Jose Joaquin de Olmedo International in Guayaquil. The organizing committee will pick you up at the international airport on arrival and transport you to the official hotels. It is very important that every national federation provide to the organizing committee the complete arrival & departure details of its team, including the number of people in each delegation. Your cooperation is essential to ensuring adequate transportation for your team.



Partial exterior view of "Jose Joaquin de Olmedo" International Airport

Early arrivals & late departures

Any national federation, including any of its individual team members, arriving before the official arrival date of 6th November 2012 and/or staying after the official departure date of 11th November 2012 will be responsible for all of their expenses, including arranging their own transportation between the airport and the hotel. Accommodations before the official arrival date and after the official departure date will be approximately 300 Euros per day per room for twin bedded lodging and 250 Euros per day per person for single bedded room. You must notify the organizing committee of any early arrivals and/or any late departures no later than 30th September 2012.

Flight reconfirmation

To reconfirm your flight to and from Guayaquil, please contact the secretariat within 24 hours before your departure.

Bodyweight categories

- | | |
|-----------------------|-------------------------------|
| ➤ Flyweight | Up to & Incl. 60kg (132 lbs) |
| ➤ Bantam weight | Up to & Incl. 65Kg (143 lbs) |
| ➤ Light weight | Up to & Incl. 70Kg (154 lbs) |
| ➤ Welter weight | Up to & Incl. 75Kg (165 lbs) |
| ➤ Light-Middle weight | Up to & Incl. 80Kg (176 lbs) |
| ➤ Middle weight | Up to & Incl. 85Kg (187 lbs) |
| ➤ Light-Heavy weight | Up to & Incl. 90Kg (198 lbs) |
| ➤ Heavy weight | Up to & Incl. 100Kg (220 lbs) |
| ➤ Super-Heavy weight | Over 100Kg (220 lbs) |

- a) National federations will be permitted to enter a team of up to a maximum of nine (9) athletes with no more than two (2) athletes in the same weight category.
- b) Each National Federation may enter a "B" team according to the rules specified below. The maximum allowable number of competitors in the "B" team is 9.

The National Federation shall be obliged to pay the Full Package Rate for each "B" team competitor. This package shall comprise the competitor accommodation, meals, onsite transportation, and access for Prejudging, Finals and Farewell Banquet. It will also include the Registration Fee.

The "B" team competitors shall compete for placings and awards, excluding the Best National Team award.

A National Federation must fully declare its "B" team competitors on the Final Entry Form and must register the "B" team competitors upon check-in the official hotel, failing which any undeclared competitor shall be disqualified.

Secretariat

The organizing committee will manage a Secretariat at the official hotel from 9.00 AM on 6th November 2012 to 7.00 PM on 11th November 2012. You may obtain information and assistance from the Secretariat.

Parade of the nations

The mandatory dress code for all delegates participating in the Parade of Nations will be IFBB attire, e.g. black dress shoes, grey dress pants with shirt, IFBB tie and blue blazer with the IFBB crest. No delegates will be permitted in the Parade of Nations wearing sports clothes and sports shoes.

Camera / video tape equipment

Cameras and/or video tape equipments shall be strictly prohibited in the backstage and/or dressing room areas except when used by the IFBB authorized media person and, in any event, these devices shall be strictly prohibited in the dressing room area.

Posing music

All posing music must be on an audio CD only. The posing music must also be at the start of the CD. Each competitor must affix his name on the CD for easy identification.

IMPORTANT: THE USE OF PROFANE, VULGAR AND/OR OFFENSIVE LANGUAGE IS STRICTLY PROHIBITED IN POSING MUSIC

Judges

In order to assist the judges committee in their selection of the judges at the world championships, please forward your nominations for judges from your federation as soon as possible to:

Mr. Pawel Filleborn Chairman, IFBB Judges Committee Email:

pawelfilleborn@gmail.com

The names of those judges submitted in advance will receive priority consideration. All international judges must bring their international cards to Guayaquil.

PLEASE DO NOT FAX YOUR NOMINATIONS TO THE IFBB HEADQUARTERS

IMPORTANT NOTICE: All judges who wish to be included in the judges panels at these championships should be specified on the Final Entry Form. The test judges should also be specified on the Final Entry Form. If any judges do not attend the Judges Meeting, they will not be permitted to judge.

Green cards

Green cards are used to limit access to the weigh-in and backstage area during the prejudging & finals. They will be distributed at the judges/team managers meetings as follows:

Five (5) or more athletes – two (2) green cards.

Less than (5) athletes – one (1) green card.

Doping Controls

Doping controls will be conducted by the IFBB medical commission pursuant to the IFBB Anti-Doping rules, using a WADA accredited laboratory. In order to compete in the championships, all competitors at the weigh-in and registration will be required to sign a Drug Testing Consent & Waiver of Liability Form (**available in the appendix**)

Doping controls may be conducted using any of the following methods:

- Random Selection: A number of athletes selected at random throughout the event e.g. at weigh-in.
- Weighted Selection: A number of athletes selected at random from among the top finalists e.g. at finals.

The IFBB reserves the rights to target test any athlete.

The IFBB is a signatory to the WADA code. Participating national federations have a duty and an obligation to ensure that their national team athletes are competing drug-free at IFBB international competitions.

Visas

A valid passport is required for entry into Ecuador. Please contact the embassy of Ecuador in your country to determine if you need a visa. An official letter of invitation will be made available, if required.

Time difference

GMT – 5 hours.

Currency

The official currency of Ecuador is the American Dollar (USD)
1.40 US Dollar = approx 1 Euro

Credit cards

International credit cards such as Visa, MasterCard and American Express are widely accepted at most major hotels, stores & restaurants. You may be requested to show your passport.

Climate

During the month of November, the average temperature oscillates between 26 to 30 degrees centigrade.

Electrical current

110 Volts

Language

Ecuador's main language is Spanish.

People

Ecuadorian people are friendly, hospitable and modest. They also have a sense of balance and moderation.

Training facility

There is a fully equipped training center at the official Hotel.

Media accreditation

All media accreditation, except local media, shall be controlled by the IFBB. All persons wishing to obtain media accreditation for this event must register with the IFBB by completing and signing an IFBB media accreditation form. You may contact the IFBB press commission to obtain this form: info@ifbb.com

Medical Withdrawal

Once officially registered, no athlete may withdraw from competition without the prior approval of the IFBB chief judge. It is not accepted for a national federation to unilaterally withdraw an athlete without prior approval of the IFBB chief judge, who has the right to verify the reason for the withdrawal.

Attendance at the IFBB International Congress

It is the duty and responsibility of each national federation to ensure that it is represented at the IFBB International Congress meeting. All national federations officially participating in the championships must also attend the congress, including national federations with athletes and no delegates. In this case the athlete must attend and represent his country at the Congress.

Athletes without delegates

All athletes competing at the IFBB World Championships must be members in good standing of their national federations. Any athlete who arrives without a delegate must carry an **OFFICIAL LETTER OF PARTICIPATION** from his national federation, failing which the athlete will not be allowed to participate.

Misrepresentation

Misrepresentation is a serious breach of the **IFBB CODE OF ETHICS** and occurs where an "official" of a National Federation deliberately misrepresents the number of athletes and delegates so as to obtain free of charge accommodations, meals, onsite transportation, access to the prejudging, finals, and farewell banquet, and other amenities at the expense of the Organizer. Part of this misrepresentation may be a false claim that a person is an athlete only to have that so-called athlete fail to officially register as a competitor at the weigh-in or, once having officially registered, fail to compete. Any national federation found guilty of misrepresentation will be immediately disqualified from the championships and will be fined an amount equal to the Special Package Rate for each person involved.

Preliminary Entry Form (PEF)

The deadline for the Preliminary Entry Form (**available in the Appendix**) is 7th September 2012. National Federations must return the Preliminary Entry Form to the Organizing Committee as soon as possible but not later than deadline date, confirming your federation's intent to participate. If at this time you do not know the actual names of the Official Participants (athletes and delegates, including judges), please indicate the total number of individuals from your National Federation who will participate in the Championships.

Final Entry Form (FEF)

The deadline for the Final Entry Form is 24th October 2012. National Federations must return the Final Entry Form to the Organizing Committee as soon as possible but not later than the dead line date. All names of the delegation have to be included. Flight arrival and departure details, with flight number and times, must be forwarded to ensure transportation for your team.

Correspondence/Contact

Please send all correspondence to:

**Ecuadorian Bodybuilding
& Fitness Federation**
Ms. Ana Rodriguez, Secretary
Telefax: 0059342293749
Mobil: 0059393894649
E-mail: feficulp.feficulp@gmail.com

Please copy all correspondence to:

IFBB Head Office
Madrid, Spain
Phone: +34 91 535 2819
Fax: +35 91 535 0320
E-mail: internacional@santonja.com
And:
William Tierney
IFBB Gen Secretary
E-mail: w.tierney@ifbb-uk.com

66th IFBB Men's World Amateur Bodybuilding Championships
Guayaquil, Ecuador, 6th – 11th November 2012
Tentative Schedule

PLEASE REMEMBER: All main activities, like registration, weigh-in, and the World Congress, will be in the Sheraton Hotel.
All meals for officials and athletes will also be served in the Sheraton Hotel.

Tuesday, 6th November 2012

7.00 am – 7.00pm Arrival of the IFBB Executive Council Members
8.00 pm Dinner for the IFBB Executive Council Members

Wednesday, 7th November 2012

7.00 am – 7.00pm Arrival of delegates and competitors Registration and Check-in
12.00 pm – 3.00pm Lunch
3.00 pm The IFBB Executive Council Meeting
7.00 pm Welcome Dinner

Thursday, 8th November 2012

7.00 am – 9.30 am	Breakfast
12.30 pm – 3.00pm	Lunch
4.30 pm	Technical Meeting
5.00 pm	Judges Meeting
5.30 pm	Team Managers Meeting
6.00 pm	Weigh-in, Registration
8.00 pm	Dinner

Friday, 9th November 2012

7.00 am – 9.00am	Breakfast
10.00 am	Prejudging
7.00 pm – 9.00pm	Dinner

Saturday, 10th November 2012

7.00 am – 9.00am	Breakfast
8.30 am	The IFBB Congress
12.00 pm – 2.00pm	Lunch
3.00 pm	Finals
9.00 pm	Farewell Banquet

Sunday, 11th November 2012

7.00 am – 10.00am	Breakfast
12.00 Noon	Departures



PRELIMINARY ENTRY FORM

IFBB 66th WORLD MEN'S BODYBUILDING CHAMPIONSHIPS

GUAYAQUIL, ECUADOR

6th - 11th – NOVEMBER 2012

In order to assist in the planning and organization of these Championships and Congress, please complete the Preliminary Entry Form and return it to the Organizing Committee AS SOON AS POSSIBLE but

NO LATER THAN 7th SEPTEMBER 2012

Country Name :
Contact Person:
Fax Number :
Email Address :

Our National Federation is planning to participate in these Championships

Yes ____ No _____

Estimated Number of Competitors :
Estimated Number of Delegates :
Estimated Number of Supporters :

Please be advised that there will be **9 categories** at these Championships as follows:

- Flyweight Up to & Incl. 60kg (132 lbs)
- Bantam weight Up to & Incl. 65Kg (143 lbs)
- Light weight Up to & Incl. 70Kg (154 lbs)
- Welter weight Up to & Incl. 75Kg (165 lbs)
- Light-Middle weight Up to & Incl. 80Kg (176 lbs)
- Middle weight Up to & Incl. 85Kg (187 lbs)
- Light-Heavy weight Up to & Incl. 90Kg (198 lbs)
- Heavy weight Up to & Incl. 100Kg (220 lbs)
- Super-Heavy weight Over 100Kg (220 lbs)

For A and B team rules, please see Inspection Report.

IMPORTANT: 3 or more athletes – 2 official delegates permitted. Less than 3 athletes – 1 delegate permitted. National Federations with no athletes may send 1 official delegate; however, this delegate will be responsible for all of his or her expenses. Any judges, coaches, or trainers who are not official delegates will be responsible for all of their expenses.

PLEASE RETURN THE PRELIMINARY ENTRY FORM BEFORE **7th SEPTEMBER 2012**, TO:

Ecuadorian Bodybuilding & Fitness Federation
Phone/fax: 0059342293749
Email: feficulp.feficulp@gmail.com

Please copy all correspondence to:
International Federation of Bodybuilding & Fitness
Phone: +34 91 535 2819
Fax: +34 91 535 0320
Email: internacional@santonia.com
Web: www.ifbb.com
Please copy IFBB Liverpool office:
wanda.tierney@ifbb-uk.com

Please visit www.ifbb.com for regular updates and detailed information on this event.



Competition: _____

City: _____ Country: _____

Date: _____

DRUG TESTING CONSENT & WAIVER OF LIABILITY

PLEASE READ THIS FORM CAREFULLY

In order to participate as a Competitor in this Event, I, the undersigned Athlete, do hereby agree to be bound by the IFBB *Constitution* and *Rules*, the IFBB *Code of Ethics*, and the IFBB *Anti-Doping Rules*. I further agree to cooperate fully with the IFBB and the Event Organizer. I understand, accept and agree to the following conditions:

DRUG TESTING CONSENT

1. That the IFBB has the right to conduct drug testing at this Event, pursuant to the IFBB Anti-Doping Rules.
2. That if I am selected for drug testing, I will cooperate fully with the drug testing officials at all times and will, under the direct observation of a witness, provide a sample of my urine without undue delay.
3. That if I am subsequently found guilty of an Anti-Doping Rule Violation, I will respect and abide by the relevant rules and regulations governing results management, including those pertaining to hearings and appeals.
4. That I accept sole responsibility to remain current with the rules and regulations governing this Event, including the IFBB Anti-Doping Rules, which I acknowledge are made available online at www.IFBB.com.
5. That I do hereby declare and make oath that I am competing in this Event free from Prohibited Substances and Prohibited Methods.

WAIVER OF LIABILITY

1. That I understand that in order for me to participate as a Competitor in this Event, I must agree to be bound by this Waiver of Liability and that I do so willingly and of my own free will.
2. That I agree to waive any and all claims I may now and in the future have against, and release from all liability and agree not to sue the International Federation of Bodybuilding & Fitness (IFBB), its affiliated National Federation in the country of the Championships, the Event Organizer, the IFBB and Event officials, volunteers, agents or representatives, the official hotel and official competition venue and their staff, hereinafter referred to as the "Released Parties", for any personal injury, death and property damages, expenses or loss sustained by me as a result of my participation in the Event due to any cause whatsoever, including, without limitation, negligence or breach of statutory duty on the part of the Released Parties.
3. That I agree that medical and personal injury insurance coverage while participating in this Event is solely my responsibility and that I agree to be responsible for and to pay for any and all costs that may arise as a result of my requiring medical and/or other special services and, in any event, should the Released Parties incur any cost for any such services for me personally, I agree to reimburse the Released Parties for all costs of these services as may be incurred by them for my benefit or at my request.
4. In entering into this agreement, I am not relying on any oral, written or visual representations or statements made by the Released Parties to induce me to participate in this Event.
5. I confirm that I am the full age of majority or, in the alternative; I have indicated that I am the guardian of the minor participant named, and that I have read and understand this agreement prior to signing it and agree that this agreement will be binding upon me (as a participant or guardian), my heirs, next of kin, executors, administrators and successors.

PRINT FIRST & LAST NAME

COUNTRY

SIGNATURE

DATE

THIS FORM MUST BE SIGNED BY THE ATHLETE AND PRESENTED TO THE IFBB BEFORE THE COMPLETION OF THE WEIGH-IN AND REGISTRATION, FAILING WHICH THE ATHLETE WILL NOT BE ALLOWED TO COMPETE. INFORMATION ON THIS EVENT AND ON IFBB RULES AND REGULATIONS MAY BE FOUND AT WWW.IFBB.COM

INTERNATIONAL FEDERATION OF BODYBUILDING & FITNESS
Dublin 39 / I • Europolis, Las Rozas • 28232 Madrid, Spain
Tel: (3491) 535-2819 • Fax: (3491) 535-0320 • E-mail: internacional@santonja.com